



# PAUL CUNNINGHAM

WARD 2

October 30, 2015

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## PAUL'S NOTE

The year is winding down, but Tucson is hosting two bicycle related events for you and your family.

On Saturday is Kidi-cal Mass. Tucson's family-friendly, neighborhood bike ride will be at Laguna High School (5001 N. Shannon Road) in Flowing Wells from 12 – 2 pm. Halloween costumes are welcome.

They will have free youth bicycle helmets for everyone under 18, free bike repair, bike maps, and Isabella's Ice Cream for all riders. El Grupo Youth Cycling leaders will accompany smaller riders and help guide the ride.

The ride is being organized by Living Streets Alliance, who are also staging Cyclovia the following Sunday.

Twice a year, a route in Tucson is closed to vehicular traffic so that pedestrians, bicyclists and other "people powered" transport can use the streets freely. This Cyclovia will go from the Keeling Neighborhood south to Mansfield Park and further South to Sixth Avenue and Sixth Street.

You can find a map at the Cyclovia website, <http://www.cycloviatucson.org/the-route-2/>. If you have to drive in the area on Sunday, you

may also want to consult that website.

In addition to being able to enjoy the sort of November weather you can brag about to your friends in other cities, there will also be entertainment from the Amphi High School Marching Band and free bicycle repairs from REI Tucson.

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I'd like to thank one of our Ward 2 businesses, Rancho Merlita Bed and Breakfast, for hosting a fundraiser for the Sr. Jose Women's Center on Thursday night. Rancho Merlita is located off of Wrightstown road and was once the vacation home of Merle

## PAUL'S NOTE (CONTINUED)

Norman, the cosmetics company founder. The site has been remodeled by Diana Osborne and made into a top-notch bed and breakfast.

Many restaurants and local artists from all over our community also made donations for this worthy event, which raised over \$6,000. All of the proceeds will be used to serve the clients of the center.

The Sr. Jose Center has been operating for five years in South Tucson serving homeless women and helping them with immediate needs like food and shelter.

If you'd like to know more about the Sr. Jose Women's Center, please visit their web site: <http://srjosewomensshelter.org>



Tucson's Adopt a Park program has been around for thirty years, starting with a group that cleaned up around A Mountain. On Friday, Ward 2 had the honor of welcoming our newest adopted park when Calvary Chapel Christian School officially adopted the section of Pantano River Park between Speedway and Tanque Verde.

There are plenty of parks, roadways and washes to adopt. There is probably one

near your neighborhood, school or business. To find out about adopting an area, visit <https://tucsoncleanandbeautiful.org/adopt-a-park-public-areas/>

## ALZHEIMER'S WALK

The University of Arizona Mall will host the Alzheimer's Association Walk to End Alzheimer's on November 7, 2015. Registration and entertainment begin at 7:30 am with the Walk commencing at 9:15 am.

Today, more than half of all Americans know someone with Alzheimer's disease. Soon, no one will be left untouched. We must act now to change the course of this epidemic. Register today for the Walk, the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, we've mobilized millions to walk against this devastating disease.

In addition to the main Walk, participants will enjoy local entertainment, exercise and education updates on Alzheimer's care and research, programs and supportive services, as well as a special tribute to honor those affected by Alzheimer's disease.

To start or join a team today, visit the [www.TucsonAlzheimersWalk.org](http://www.TucsonAlzheimersWalk.org). To learn more about disease and available resources, call the local Alzheimer's Association office at 322-6601.

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## REID PARK ZOO CANDY SWAP

Even as health-care experts, the folks at Tucson Medical Center not complete purists: They say the occasional piece of candy can be a nice treat...but a whole jack-o-lantern full is not the picture of moderation.

And what's a family to do with those leftover bags of sweets that didn't go to trick-or-treaters? Too much candy invites too much sugar and saturated fat into healthy diets.

So on Nov. 1, Tucson Medical Center is teaming up with Reid Park Zoo to give families a chance to swap those sticky treats for a fun outing at the Zoo.

The first 100 children to give up the goods (give or take a few pieces) will receive free admission to the Zoo for one child and one adult. That's a cavity-free value of \$14.

Come out to the front entrance of Reid Park Zoo (3400 E Zoo Ct) 9 am until 11 am on Sunday, Nov. 1 for the candy swap. The Halloween candy swap is part of an effort to help children make better nutritional choices and encourage family friendly activities. The tickets will be good for one year, so you can use them to get in on Sunday or come back at a later date.

Wrapped candy will be donated to The Salvation Army for its youth programs and will help support our military heroes.

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## CAROL WEST SENIOR CENTER

**Billiards Tournament:** The Carol West Senior Addition will host a Billiards Tournament on Friday, November 13 at 10 a.m. The cost is \$7.00. Includes lunch and awards.

**Field Trip:** Seniors will have an opportunity to enjoy a Ben's Bells Field Trip on Tuesday, November 10. The trip includes a Ben's Bells workshop and lunch. Includes ride on the downtown street car. The cost is \$7.00. Departure from the center is 9:45 and return is 2:30 p.m.

**Thanksgiving Luncheon:** The senior addition will host a Thanksgiving Luncheon on Wednesday, November 25 from 12:30 p.m. to 2:30 p.m. The cost is \$6.00. The luncheon will include a meal and piano performance.

For questions on the activities listed above, please contact the Carol West Senior Addition, 791-4121.



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## PARKS PROGRAMS

**Spring 2016 Program Guide and Class Catalog:** Watch for the Spring 2016 Program Guide and Class Catalog to be available Monday, November 9, 2015. It will be available for free pick-up at all Parks and Recreation facilities. For questions or more information, contact the Registration Office at 791-4877.

**Field Closures:** The following park facilities are currently closed for maintenance: Udall Soccer Fields A-E, Lincoln Softball Fields 5-8 and Ft. Lowell Soccer and Field 8.

**Winter Pool Closures:** Ft. Lowell and Udall Pools will close November 6, 2015 through March 31, 2016. Pools will reopen on April 1, 2016.

**Veterans' Day:** All Parks and Recreation facilities are closed for Veteran's Day on Wednesday, November 11, 2015.

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Remember to like  
Paul on Facebook!

Please bring these items to the Ward 2 Office  
for the following charities:

**THE COMMUNITY FOOD BANK—Non Perishable  
Items**

**DIAPER BANK OF SOUTHERN ARIZONA—  
Infant/Child/Adult Diapers**

**TIHAN - Personal Care Items for Individuals  
and Families in Need**

**LIONS CLUB—Eye Glasses**

**DANCING IN THE STREETS ARIZONA—Ballet/  
Dance Equipment**

**CASA MARIA—Plastic bags**

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## MAYOR AND COUNCIL

Due to elections, the next Mayor and Council meeting will be on **Wednesday, November 4**. Regular Session starts at 5:30 pm following an afternoon study session.

There is always a short call to the audience before the business portion of the meeting. Council chambers are located downtown at 255 W Alameda.

The agendas for the meetings are posted online at <http://cms3.tucsonaz.gov/clerks/mcdocs>

